

# Multiplet-filtered and gradient-selected zero-quantum TROSY experiments for $^{13}\text{C}^1\text{H}_3$ methyl groups in proteins

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**Abstract** Multiplet-filtered and gradient-selected heteronuclear zero-quantum coherence (gsHZQC) TROSY experiments are described for measuring  $^1\text{H}$ – $^{13}\text{C}$  correlations for  $^{13}\text{CH}_3$  methyl groups in proteins. These experiments provide improved suppression of undesirable, broad outer components of the heteronuclear zero-quantum multiplet in medium-sized proteins, or in flexible sites of larger proteins, compared to previously described HZQC sequences (Tugarinov et al. in J Am Chem Soc 126:4921–4925, 2004; Ollerenshaw et al. in J Biomol NMR 33:25–41, 2005). Hahn-echo versions of the gsHZQC experiment also are described for measuring zero- and double-quantum transverse relaxation rate constants for identification of chemical exchange broadening. Application of the proposed pulse sequences to *Escherichia coli* ribonuclease HI, with a molecular mass of 18 kD, indicates that improved multiplet suppression is obtained without substantial loss of sensitivity.

**Keywords** Methyl · TROSY · Zero-quantum · HZQC · HMQC · RNase H

## Introduction

Increased sensitivity of the HMQC pulse sequence, relative to the HSQC experiment, for the study of  $^1\text{H}$ – $^{13}\text{C}$

correlations in fully protonated methyl groups, termed the methyl-TROSY effect, has been demonstrated by Kay and coworkers (Tugarinov et al. 2003; Ollerenshaw et al. 2003; Korzhnev et al. 2004). Additional line narrowing is obtained by selective recording of heteronuclear zero-quantum coherence (HZQC), rather than mixing zero- and double-quantum signals, as in the HMQC experiment (Tugarinov et al. 2004; Tugarinov and Kay 2004; Ollerenshaw et al. 2005). Current HZQC sequences rely upon differential relaxation during the  $t_1$  evolution period to suppress the outer components, represented by the spin operators  $\text{H}_i^+\text{C}^-(|\alpha\alpha\rangle\langle\alpha\alpha|)_{j,k}$  and  $\text{H}_i^+\text{C}^-(|\beta\beta\rangle\langle\beta\beta|)_{j,k}$ , where  $i, j, k \in \{1, 2, 3\}$  and  $i \neq j \neq k$ , relative to the desired central component,  $\text{H}_i^+\text{C}^-(|\alpha\beta\rangle\langle\alpha\beta| + |\beta\alpha\rangle\langle\beta\alpha|)_{j,k}$ , of the  $^{13}\text{C}$ – $^1\text{H}$  zero-quantum multiplet. Consequently, suppression is imperfect for methyl groups in medium sized proteins and in flexible regions of large proteins. To address this issue, gradient-selected HZQC pulse sequences have been developed in which the signals from the respective outer multiplet components are removed via a methyl multiplet filter. The sequences are validated using U- $[^2\text{H}, ^{15}\text{N}]$ , Ile  $\delta$ 1- $[^{13}\text{C}^1\text{H}_3]$ , Leu  $\delta$ - $[^{13}\text{C}^1\text{H}_3]$ , Val  $\gamma$ - $[^{13}\text{C}^1\text{H}_3]$  ribonuclease HI (RNase H) from *E. coli*.

## Methods

### Protein expression and purification

*Escherichia coli* strain BL21(DE3) was transformed with a plasmid containing *E. coli* ribonuclease HI (RNase H) under control of a T7lac promoter (Hollien and Marqusee 1999; Mandel et al. 1995). The cells were grown in 1 L of M9 minimal media containing 99%  $^2\text{H}_2\text{O}$ ,  $^{15}\text{N}$ -ammonium chloride, and 98%  $^2\text{H}_7$ -glucose to  $\text{OD}_{600} = 0.7$ . Selective

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[ $^{13}\text{C}$   $^1\text{H}_3$ ]-labeling of Ile- $\delta 1$  and stereospecific labeling of Val/Leu- $\gamma$  were achieved by supplementing the growth media with 80 mg/L of 2-keto-3-methyl- $^2\text{H}_3$ -3- $^2\text{H}$ -4- $^{13}\text{C}$  butyric acid (99%  $^{13}\text{C}$ , 98%  $^2\text{H}$ , Cambridge Isotopes) and 50 mg/L of 2-keto-3- $^2\text{H}_2$ -4- $^{13}\text{C}$ -butyric acid (99%  $^{13}\text{C}$ , 98%  $^2\text{H}$ , Sigma Aldrich) an hour before induction (Goto et al. 1999; Gardner and Kay 1997). Induction of protein expression and purification proceeded as described (Yang et al. 1990; Mandel et al. 1995; Kroenke et al. 1998).

### NMR spectroscopy

NMR samples were 250  $\mu\text{M}$  protein in 100 mM  $^2\text{H}_3$ -sodium acetate, pH 5.5 in 99%  $^2\text{H}_2\text{O}$ . Spectra were acquired at 18.8 and 21.1 T on Bruker Avance spectrometers equipped with triple resonance  $z$ -axis gradient cryoprobes. Sample temperature was calibrated to 283 K using 98%  $^2\text{H}_4$ -methanol as previously described (Findeisen et al. 2007). Spectra were recorded with 4 transients per free-induction decay (16 transients per  $t_1$  point) and  $4,096 \times 1,536$  ( $t_2 \times t_1$ ) points. Spectral widths were  $9.8 \times 4.4$  kHz or  $10.8 \times 5.6$  kHz ( $t_2 \times t_1$ ) for 18.8 and 21.1 T, respectively. The  $^1\text{H}$  and  $^{13}\text{C}$  radiofrequency carriers were set to 2.0 ppm (after presaturation of the water resonance) and 19.5 ppm. Multipart experiments were acquired with identical  $t_1$  points interleaved.

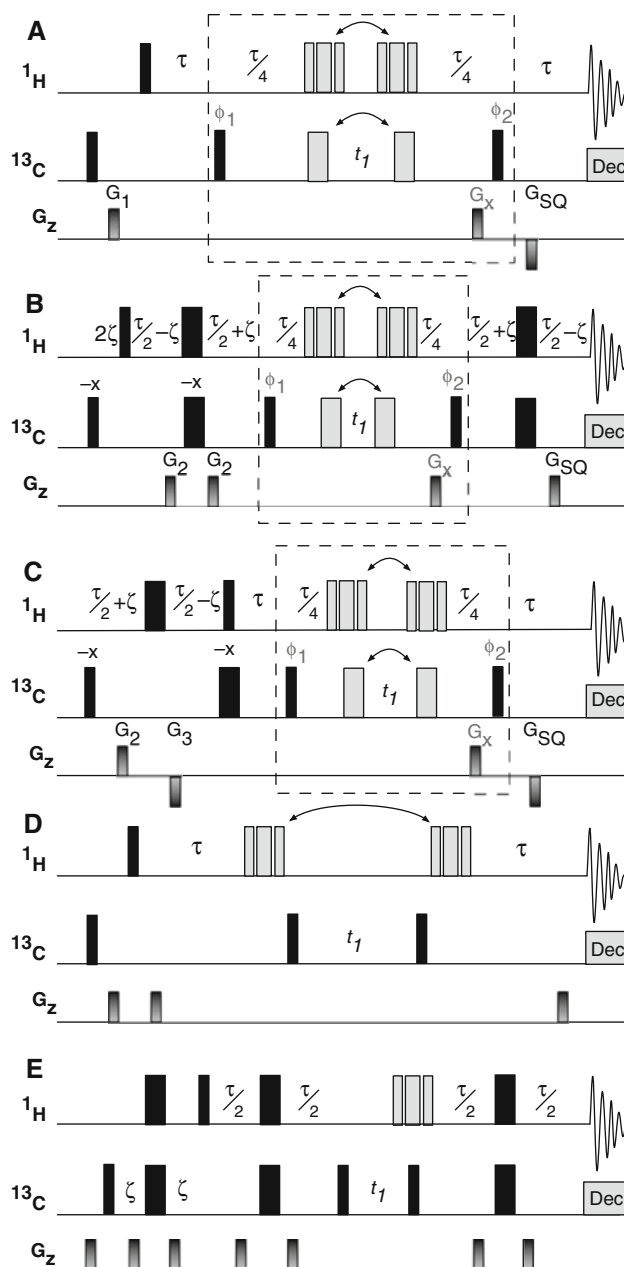
Relaxation data were acquired at 14.1 T on Bruker DRX600 console equipped with a triple resonance  $z$ -axis gradient cryoprobe. Spectra were recorded using 8 scans per  $t_1$  increment and  $4,096 \times 640$  points for  $t_2 \times t_1$ . The spectral width was  $7.2 \times 3.8$  kHz. Relaxation delays (T) were set to  $n/(2J_{CH})$  where  $n = \{1, 10, 25, 40\}$ . Relaxation rates were determined for duplicate data sets and subsequently averaged.

### Data processing

Spectra were processed using NMRPipe (Delaglio et al. 1995). To preserve lineshape features, data used for analysis were processed without further apodization in either dimension. Peak assignments were made using known chemical shifts (Yamazaki et al. 1993; Butterwick et al. 2004). Peak fitting was performed in NMRPipe. Relaxation rates were determined by fitting the parameters of a monoexponential decay to peak heights using in-house Python scripts.

## Results and discussion

Three versions of the gradient-selected HZQC (gsHZQC) experiment are shown in Fig. 1a–c. The basic pulse sequence shown in Fig. 1a utilizes only magnetization



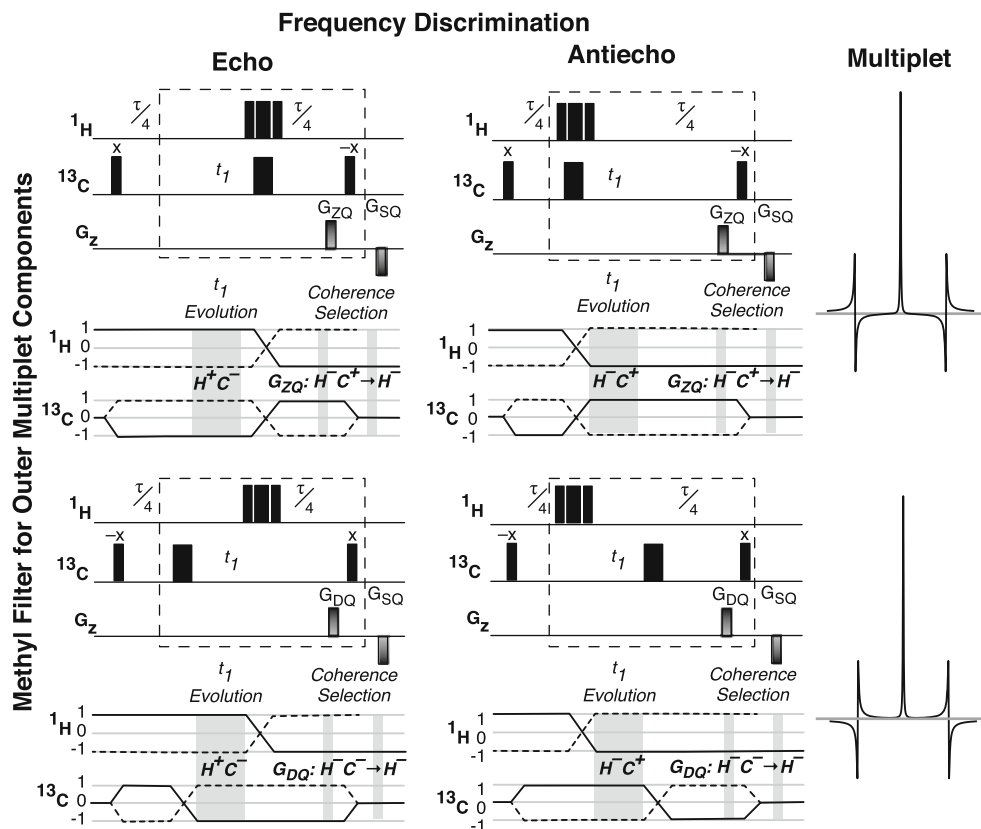
originating on the  $^1\text{H}$  spins and actively suppresses magnetization from the natural  $^{13}\text{C}$  polarization. Inclusion of the methyl multiplet filter in this sequence adds an additional  $^{13}\text{C}$  inversion pulse (Fig. 1a, gray) and two delays of length  $\tau/4 = 1/(8J_{CH})$  ( $\approx 2.0$  ms, total), relative to the original HZQC experiment (Tugarinov et al. 2004) (Fig. 1d). The versions of the experiment shown in Fig. 1b and c illustrate two methods for constructive utilization of the natural  $^{13}\text{C}$  polarization. The sequence depicted in Fig. 1b is similar to the scheme proposed by Ollerenshaw and coworkers (Ollerenshaw et al. 2005) (Fig. 1e), but contains one fewer  $^1\text{H}$  inversion pulse. The alternative approach depicted in Fig. 1c contains one fewer  $^1\text{H}$  and

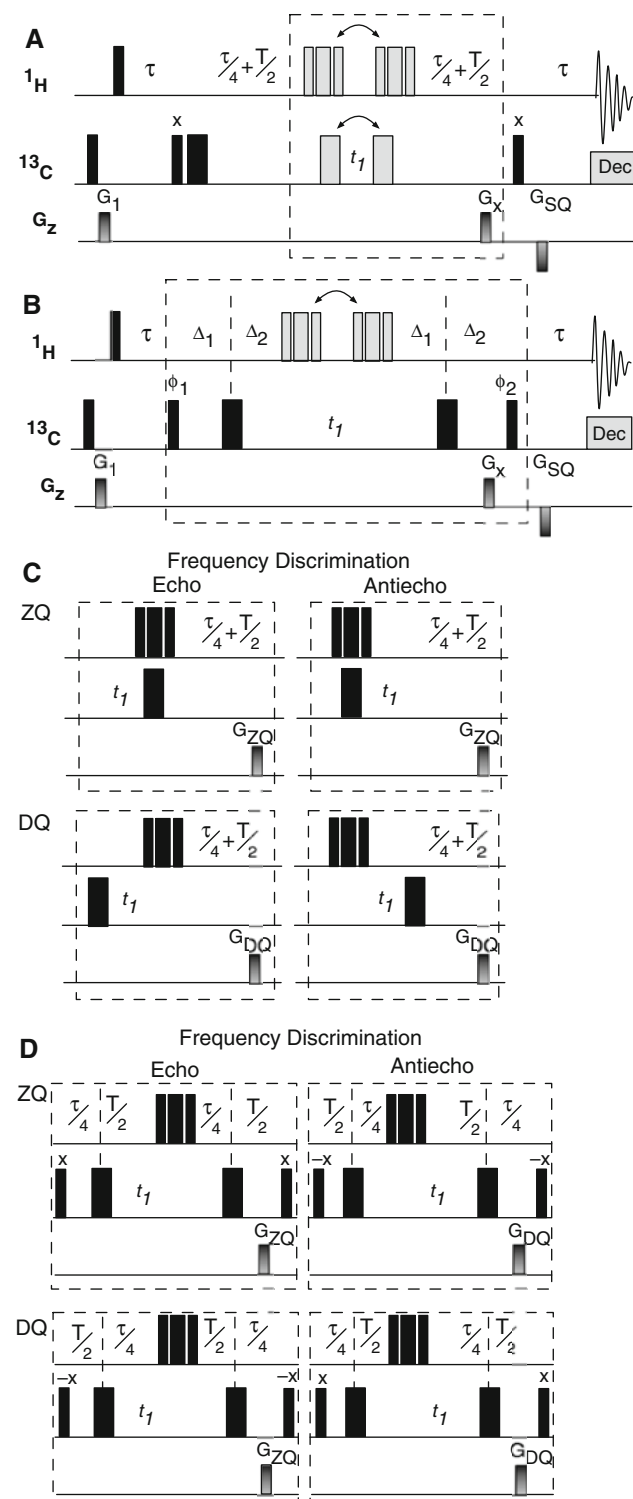
**Fig. 1** Comparison of gradient selected pulse sequences for measuring  $^1\text{H}$ - $^{13}\text{C}$  heteronuclear zero-quantum coherences (gsHZQC) to previously proposed HZQC schemes (Tugarinov et al. 2004; Ollershaw et al. 2005). **a** A simple implementation of the gsHZQC experiment. The *dashed box* denotes four distinct parts of the pulse sequence: two for inversion of the outer multiplet components and two for echo/antiecho frequency discrimination during  $t_1$ . These alterations are achieved by a pulse sequence element in which the positions of the composite  $^1\text{H}$  ( $90_x-180_y-90_x$ ) and  $180^\circ$   $^{13}\text{C}$  pulses flanking  $t_1$  (*gray bars*) are shifted (see Fig. 2). The phases  $\varphi_1$  and  $\varphi_2$  are given in Fig. 2 for the first step of the phase cycle. The  $90^\circ$   $^{13}\text{C}$  pulse labeled  $\varphi_1$  and the receiver are inverted on alternate scans for isotope filtration. All other pulse phases are  $\{x\}$ . Weak presaturation was used to suppress the water resonance. WALTZ-16 (Shaka et al. 1983) was used for  $^{13}\text{C}$  decoupling during  $t_2$ .  $G_1 = (1 \text{ ms}, 7 \text{ G/cm})$ ,  $G_{\text{SQ}} = (500 \mu\text{s}, -22.5 \text{ G/cm})$ ,  $G_{\text{ZQ}} = (500 \mu\text{s}, 30 \text{ G/cm})$ ,  $G_{\text{DQ}} = (500 \mu\text{s}, 18 \text{ G/cm})$ , and  $\tau = 1/(2J_{\text{CH}}) \approx 3.91 \text{ ms}$ . **b** and **c** gsHZQC pulse sequences with signal enhancement using natural  $^{13}\text{C}$  polarization. The pulse train for  $^{13}\text{C}$  begins on  $\{-x\}$  and inverts with the isotope filter.  $G_2 = (500 \mu\text{s}, 5 \text{ G/cm})$ ,  $G_3 = (500 \mu\text{s}, -5 \text{ G/cm})$  and  $2\zeta = 1.5 \text{ ms}$  (corresponding to  $\sin(2\pi J_{\text{CH}}\zeta) = 3^{-1/2}$ ). For (B),  $G_{\text{SQ}} = (500 \mu\text{s}, 22.5 \text{ G/cm})$ . Pulse sequences and parameter sets suitable for Bruker spectrometers are provided for (a–c) in supplementary material. **d** Previous HZQC pulse sequence by Tugarinov and coworkers (Tugarinov et al. 2004) that utilizes  $^1\text{H}$  magnetization and differential relaxation rates to eliminate signal from outer multiplet components. **e** An unfiltered HZQC experiment by Ollershaw and coworkers (Ollershaw et al. 2005) that includes  $^{13}\text{C}$  polarization enhancement. The delays,  $\tau$  and  $\zeta$ , are the same as in (a) and (b), respectively. Gradient strengths and pulse phases for (d) and (e) are as described previously (Tugarinov et al. 2004; Ollershaw et al. 2005)

one fewer  $^{13}\text{C}$  inversion pulse compared to Fig. 1b; however  $^{13}\text{C}$  magnetization is placed in the transverse plane for a time period  $\tau - 2\zeta (\approx 2.41 \text{ ms})$  longer and  $^1\text{H}$  magnetization is inverted for a time period  $\tau/2 - \zeta (\approx 1.2 \text{ ms})$  compared to Fig. 1b. The relative sensitivity of these two enhancement methods is discussed below.

The methyl multiplet filter has no effect (other than relaxation losses) when applied to the spin operators representing the center band of the zero-quantum multiplet,  $\text{H}_i^+ \text{C}^- (|\alpha\beta\rangle \langle \alpha\beta| + |\beta\alpha\rangle \langle \beta\alpha|)_{j,k}$ . In contrast, the outer multiplet components,  $\text{H}_i^+ \text{C}^- (|\alpha\alpha\rangle \langle \alpha\alpha|)_{j,k}$  and  $\text{H}_i^+ \text{C}^- (|\beta\beta\rangle \langle \beta\beta|)_{j,k}$ , acquire phase factors of  $\exp(-i\pi/2)$  and  $\exp(i\pi/2)$ , respectively, from evolution under the  $^1J_{\text{CH}}$  scalar coupling Hamiltonian during the filter. Accordingly, the outer components are dispersive relative to the center component and  $180^\circ$  out of phase with respect to each other. Dividing the filter around the  $t_1$  delay allows the composite  $^1\text{H}$  inversion pulse (Fig. 1a–c, gray) to both refocus  $^1\text{H}$  chemical shift evolution during the filter and control echo/antiecho frequency discrimination (see below), thereby reducing the number of required  $^1\text{H}$  inversion pulses by one. Elimination of the undesirable components is achieved by addition of successive data sets in which the phases of the outer components are inverted by alternating the position of the  $^{13}\text{C}$  inversion pulse (Fig. 1a–c, gray). Collectively, the

**Fig. 2** The four parts of the gsHZQC experiment are depicted as a  $2 \times 2$  grid in which *rows* denote inversion of the outer multiplet components and columns generate echo/antiecho data. Frequency discrimination is controlled by placing the composite  $^1\text{H}$   $180^\circ$  pulse before or after the  $t_1$  evolution period, while the phase of the outer multiplet components is controlled by placement of the  $^{13}\text{C}$   $180^\circ$  pulse. Due to variation in the position of the  $^1\text{H}$  and  $^{13}\text{C}$   $180^\circ$  pulses, the encode gradient must select either zero- or double-quantum coherence (ZQ or DQ), as shown in the coherence level diagrams. For both  $^1\text{H}$  and  $^{13}\text{C}$ , the coherence pathways selected by the encode and decode gradients are shown as *solid lines*. The relative signs of the encode and decode gradients depict the coherence selection of the pulse sequences in Fig. 1a, c. The *dashed boxes* are consistent with those of Fig. 1





filter and echo/antiecho frequency discrimination require the generation of four free-induction decays for each  $t_1$  point, which can be understood by considering a  $2 \times 2$  matrix (Fig. 2) in which the columns generate echo/antiecho hypercomplex pairs and the rows generate outer multiplet components with alternating phases. The data

**Fig. 3** Hahn-echo gsHZQC pulse sequences for measurement of multiple-quantum transverse relaxation rates. **a** In the first half of the methyl multiplet filter, ZQ or DQ coherence is selected during the relaxation period ( $T$ ) using a pulse sequence element shown in part C and similar to Fig. 2. **b** In the second half of the multiplet filter, the phase of the outer multiplet components is inverted using a pulse sequence element shown in part D. **c** A *grid* similar to that in Fig. 2 describes the evolution of magnetization through the pulse sequence in (a). In this case, the *rows* correspond to the multiple quantum coherence (ZQ or DQ) present during the relaxation delay and only one phase of the outer multiplet components is considered. The coherence selection (ZQ or DQ) during the relaxation delay is controlled by alternating the position of the  $^{13}\text{C}$   $180^\circ$  before and after  $t_1$ . Frequency discrimination is obtained by shifting the position of composite  $^1\text{H}$  ( $90_x-180_y-90_x$ ) pulse. **d** Inversion of the outer multiplet component in the pulse sequence in part B is achieved by shifting the two  $^{13}\text{C}$   $180^\circ$  pulses between the relaxation delay ( $T/2$ ) and the multiplet filter delay ( $\tau/4$ ). The relaxation delay ( $T$ ) is equal to  $n/(2J_{\text{CH}})$  where  $n$  is any integer  $\geq 1$ . Gradient strengths, phase cycles, and delays are as described in Fig. 1, except that the second  $^{13}\text{C}$   $90^\circ$  pulse is used for the isotope filter.  $G_{\text{SQ}} = (500 \mu\text{s}, 22.5 \text{ G/cm})$  in (a) and (b)

corresponding to the rows in Fig. 2 are added to suppress the multiplet components, after which the resulting two data sets are processed according to the Rance-Kay protocol (Cavanagh et al. 1991; Palmer et al. 1991; Palmer et al. 1992; Kay et al. 1992) to produce a frequency-discriminated two-dimensional spectrum.

Gradient coherence selection is incorporated during the second half of the methyl multiplet filter (Figs. 1, 2). The coherence pathway diagrams shown below the pulse sequence elements in Fig. 2 illustrate the gradient selection scheme. When the  $^1\text{H}$  and  $^{13}\text{C}$  inversion pulses occur on the same side of the  $t_1$  interval (Fig. 2, top row) the first gradient must encode the zero-quantum (ZQ) frequency. When the two inversion pulses are on opposite sides of  $t_1$  (Fig. 2, bottom row), inversion of either the  $^1\text{H}$  or  $^{13}\text{C}$  coherence occurs after  $t_1$  and the first gradient must encode the double-quantum frequency (DQ). The decode gradient selects for  $^1\text{H}$  single-quantum magnetization in all cases.

The multiplet filtered sequences are longer by a time period  $\tau/2$  ( $\approx 2.0$  ms), compared to the unfiltered versions. The sensitivity of the filtered sequences is reduced by  $(I_{\text{unf}} - I_{\text{fil}})/I_{\text{unf}} = 1 - [\exp(-R_{\text{ZQ}} \tau/2) + \exp(-R_{\text{DQ}} \tau/2)]/2 \approx R_{\text{MQ}} \tau/2$ , in which  $I_{\text{unf}}$  and  $I_{\text{fil}}$  are the peak intensities in the unfiltered and filtered spectra, respectively, and  $R_{\text{MQ}} = (R_{\text{DQ}} + R_{\text{ZQ}})/2$ . The sensitivity loss is expected to be  $<7\%$  for proteins with rotational diffusion times  $<70$  ns (Tugarinov et al. 2004). Differential relaxation of the zero- and double-quantum coherence orders (ZQ vs. DQ) also creates a slight imbalance between the two halves of the filter, which could result in incomplete cancellation of the outer components. Because the length of the filter is short, differential relaxation is unlikely to be an issue with molecules for which the filter is necessary.

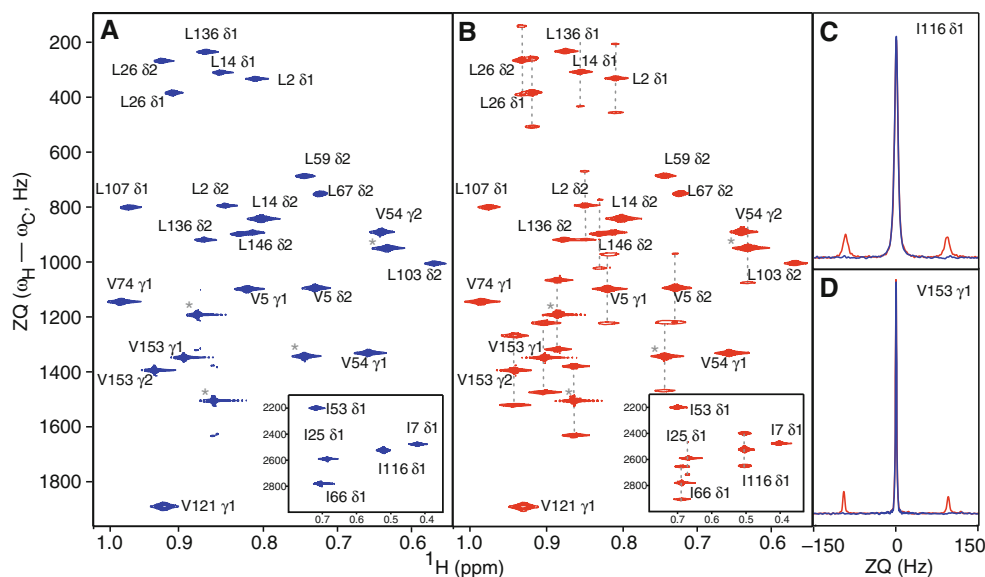
A Hahn-echo relaxation period (Rance and Byrd 1983; Davis 1989) for measurement of zero- ( $R_{ZQ}$ ) and double- ( $R_{DQ}$ ) quantum relaxation rate constants is incorporated into the basic gsHZQC experiment in Fig. 3a, b. The pulse sequence in Fig. 3a utilizes an element similar to Fig. 2 except that alternating the position of the  $^{13}\text{C}$  inversion pulse selects either ZQ or DQ relaxation during the relaxation delay (T) (Fig. 3c). A second pulse sequence (Fig. 3b) is necessary to invert the phase of the outer multiplet components. In this sequence, the order of the delays for relaxation and multiplet filtration are alternated to select the desired coherence during T (Fig. 3d). To ensure the outer multiplet components have the correct relative phase during the two halves of the filter,  $T = n / (2J_{CH})$ , where  $n$  is any integer  $\geq 1$ . The  $^{13}\text{C}$  polarization enhancement schemes of Fig. 1b, c can be incorporated into the Hahn-echo sequences in a straightforward fashion.

The pulse sequences depicted in Fig. 3a, b measure pure ZQ or DQ relaxation rate constants. The desired coherence is always ZQ during  $t_1$ , which maximizes sensitivity and resolution and ensures the peaks are located at the same frequency in the indirect dimension of each experiment. As before, the two halves of the multiplet filter are slightly imbalanced due to the differential relaxation rates for ZQ and DQ magnetization. When  $R_{ZQ}$  is measured, the desired coherence is ZQ during the two  $\tau/4$  delays for the first experiment (Fig. 3a, c) and DQ for the second experiment (Fig. 3b, d). The opposite is true for the experiment that

measures  $R_{DQ}$ . This imbalance does not affect the measured relaxation rate constants.

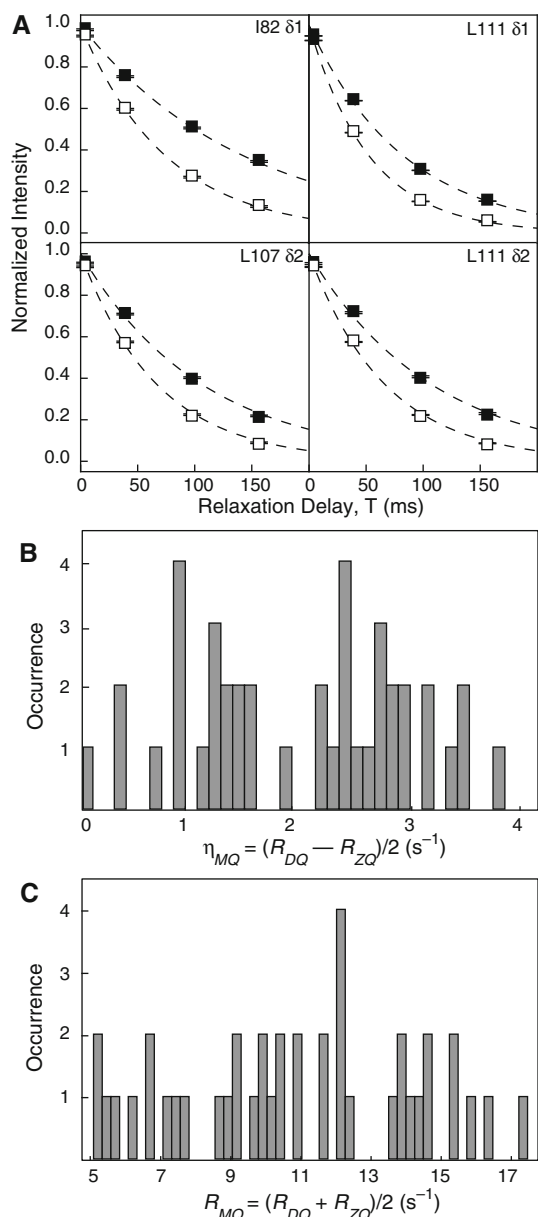
The methyl region of the  $^1\text{H}$ - $^{13}\text{C}$  HZQC spectrum of RNase H is greatly simplified when outer multiplet components are actively suppressed (Fig. 4a) using the pulse sequence of Fig. 1a, compared to the unfiltered spectrum (Fig. 4b) acquired using the sequence of Fig. 1d. Traces through the resonances of selected peaks are shown in Fig. 4c to illustrate the degree of multiplet suppression. Incorporation of the methyl multiplet filter in a non- $^{13}\text{C}$  polarization enhanced version of the gsHZQC results in slight sensitivity loss compared to the analogous HZQC by Tugarinov et al. (2004). Using the measured values of  $R_{ZQ}$  and  $R_{DQ}$  (*vide infra*), the new experiment is expected to be  $\sim 3\%$  less sensitive than the original unfiltered version, while an empirical value ( $4.0 \pm 0.4\%$ ) (average of data acquired at 18.8 and 21.1 T) was determined for the spectra shown in Fig. 4. The  $^{13}\text{C}$  enhanced experiments in Fig. 1b, c were 9 and 13% more sensitive, respectively, than the unenhanced gsHZQC (Fig. 4b) when applied to RNase H. The increased sensitivity of the pulse sequence depicted in Fig. 1c reflects the detrimental effect of the additional  $^1\text{H}$  inversion pulses in the sequence of Fig. 1b. As protein size increases, relaxation losses during the longer  $^{13}\text{C}$  polarization transfer period in Fig. 1c will become more significant, and the experiment of Fig. 1b may become more sensitive.

Multiple-quantum relaxation decay curves ( $R_{DQ}$  and  $R_{ZQ}$ ) measured using the Hahn-echo pulse sequences in Fig. 3a, b



**Fig. 4** Comparison of gsHZQC and unfiltered HZQC pulse sequences. **a** A gsHZQC (Fig. 1a) spectrum of selected Leu  $\delta 1$  and  $\delta 2$  and Val  $\gamma 1$  and  $\gamma 2$  resonances in the methyl region of RNase H. A region containing Ile  $\delta 1$  resonances are shown in the *inset*. Unassigned peaks are marked with an *asterisk*. **b** An unfiltered HZQC (Fig. 1d, Tugarinov et al. 2004) spectrum of the same region.

*Dashed lines* connect the outer multiplet components to the central component. Both **(a)** and **(b)** were collected at 21.1 T and contour levels have been normalized to their respective noise floors. **c** and **d** Comparison of traces along the  $t_1$  dimension of HZQC pulse sequences for I116  $\delta 1$  (**c**) and V153  $\gamma 1$  (**d**). Colors are as in **(a)** and **(b)**



**Fig. 5** Measurement of multiple-quantum transverse relaxation rates in RNase H. **a** Zero- and double-quantum relaxation profiles,  $R_{ZQ}$  (filled squares) and  $R_{DQ}$  (open squares), are shown for selected residues. Dashed lines are the best fits of a monoexponential decay to the respective profiles. Peak intensities were normalized and averaged for display. Error bars are smaller than the plotted symbols and represent the error associated with the averaged data sets. The mean  $\pm$  one standard deviation of  $R_{DQ}$  and  $R_{ZQ}$  for two data sets are  $13.3 \pm 0.1 \text{ s}^{-1}$  and  $6.9 \pm 0.1 \text{ s}^{-1}$  for 182  $\delta 1$ ,  $19.9 \pm 0.1 \text{ s}^{-1}$  and  $13.0 \pm 0.2 \text{ s}^{-1}$  for L107  $\delta 1$ ,  $17.7 \pm 0.4 \text{ s}^{-1}$  and  $13.0 \pm 0.2 \text{ s}^{-1}$  for L111  $\delta 1$ , and  $18.9 \pm 0.2 \text{ s}^{-1}$  and  $12.0 \pm 0.1 \text{ s}^{-1}$  for L111  $\delta 2$ , respectively. **b** and **c** Histograms of  $\eta_{MQ} = (R_{DQ} - R_{ZQ})/2$  (Fig. 5b) and  $R_{MQ} = (R_{DQ} + R_{ZQ})/2$  (Fig. 5c) are shown. The average values of the  $\eta_{MQ} = 2.0 \pm 1.0 \text{ s}^{-1}$  for (b) and  $R_{MQ} = 10.9 \pm 2.2 \text{ s}^{-1}$  for (c)

are shown for representative methyl groups in Fig. 5a. Histograms of  $\eta_{MQ} = (R_{DQ} - R_{ZQ})/2$  (Fig. 5b) and  $R_{MQ} = (R_{DQ} + R_{ZQ})/2$  (Fig. 5c) are shown. The average values of the

quantities are  $2.0 \pm 1.0$  and  $10.9 \pm 3.3$ , respectively. The rate constant  $\eta_{MQ}$  depends upon cross-correlation effects between the methyl group and external  $^1\text{H}$  and  $^2\text{H}$  spins and chemical exchange broadening of zero- and double-quantum coherences (Tugarinov et al. 2004). The magnitude of  $\eta_{MQ}$  is consistent with previous studies indicating RNase H is not subject to significant line broadening due to chemical exchange at 283 K (Mandel et al. 1996).

## Conclusion

Multiplet-filtered and gradient-selected heteronuclear zero-quantum coherence (gsHZQC) experiments have been presented for recording  $^1\text{H}$ - $^{13}\text{C}$  coherences in  $^{13}\text{CH}_3$  spin systems. The gsHZQC sequences provide improved resolution for medium-sized proteins or larger ones with flexible regions by active suppression of outer components of the HZQC multiplet using a methyl multiplet filter. Sensitivity of the experiments also is improved by incorporation of  $^{13}\text{C}$  polarization enhancement while minimizing the number of  $^1\text{H}$  inversion pulses. Addition of a Hahn-echo element to the gsHZQC experiment enables measurement of relaxation rate constants for zero- and double-quantum coherences while maintaining zero-quantum coherence during  $t_1$ . The new gsHZQC experiments extend the applicability of methyl-TROSY experiments for investigations of structure, interactions, and dynamics of proteins.

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